

Howard Gardner's Theory of Multiple Intelligences

| Type of Intelligence | What Is It? | Learners Like To: |
|-----------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Verbal/Linguistic | <ul style="list-style-type: none">• Uses language and words in various forms to express complex meanings. | <ul style="list-style-type: none">• Think in words and play word games.• Tell jokes, riddles, and puns.• Read, write, or tell stories.• Create poems. |
| Musical | <ul style="list-style-type: none">• Sensitive to nonverbal sounds in the environment.• Aware of patterns in rhythm, pitch, and timbre. | <ul style="list-style-type: none">• Listen to, play, sing, hum, and move to music.• Match feelings to music and rhythm.• Create tunes. |
| Visual/Spatial | <ul style="list-style-type: none">• Perceives the visual world accurately.• Creates mental images.• Thinks three-dimensionally. | <ul style="list-style-type: none">• Doodle, paint, and draw 3-D representations.• Work puzzles and mazes.• Take things apart and put them together.• Read and make maps. |
| Interpersonal | <ul style="list-style-type: none">• Sensitive to the moods and feelings of others.• Understands and interacts effectively with others. | <ul style="list-style-type: none">• Lead, share, mediate, build consensus.• Work as a team member.• Enjoy many friends. |
| Intrapersonal | <ul style="list-style-type: none">• Uses self-knowledge to communicate and to guide decision making.• Knows own strengths and weaknesses. | <ul style="list-style-type: none">• Learn through observing and listening.• Use metacognitive skills.• Pursue personal interests. |
| Bodily/Kinesthetic | <ul style="list-style-type: none">• Uses body to communicate and solve problems. | <ul style="list-style-type: none">• Use body language.• Dance, act, mime.• Do crafts and mechanical projects.• Play sports and be physically active. |
| Logical/Mathematical | <ul style="list-style-type: none">• Approaches problems logically.• Understands numbers and abstract patterns.• Solves problems using reasoning. | <ul style="list-style-type: none">• Look for clear-cut solutions.• Know how things work.• Use precision in problem-solving skills. |
| Naturalist | <ul style="list-style-type: none">• Ability to classify patterns in nature.• Ability to identify patterns in nature.• Sensitive to changes in the weather. | <ul style="list-style-type: none">• Distinguish nuances between large numbers of similar objects. |

Based on research first presented by Howard Gardner in *Frames of Mind* © 1983.