

## Forgiveness Notes

On a sticky note write the name of a person who needs forgiveness from you. On a second note, write the name of someone in your family who you need to ask forgiveness from because of something you said or did. Pray for God's help in forgiving and receiving forgiveness. Stick the notes in your Spark Bible near Genesis 45:5.

## Faith on the Go!

Find the notes you wrote during class. (They are probably in your Bible near Genesis 45:5.) Set aside time to talk with the person you need to forgive.

Let that person know that you want to offer forgiveness. Then set aside time to ask the other person to forgive you. How does it feel to forgive? To be forgiven?

## Memory Verse



For God sent me before you to preserve life.  
Genesis 45:5b

## Joseph Helps His Family



Genesis 45:1-15, 50:15-21

God uses people in surprising ways to help during times of need.



**When have you helped someone in a time of need?**

