



The Memory Box

A Book About Grief

By Joanna Rowland

Illustrations by Thea Baker



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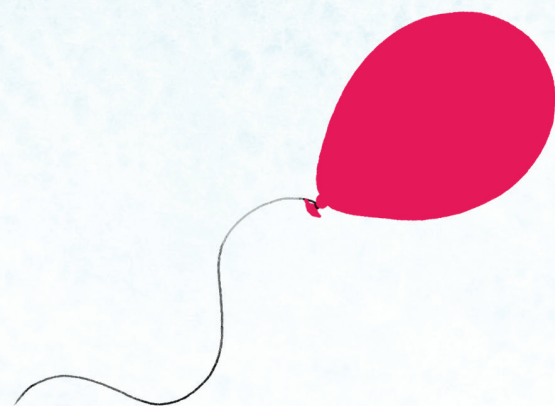
I lost my balloon once.
I tried so hard to hold on tight,
to never let it go.



But it was windy and I was running.



But not as sad as I am now.
I can always get another balloon.
But I can never have another you.
I miss you.

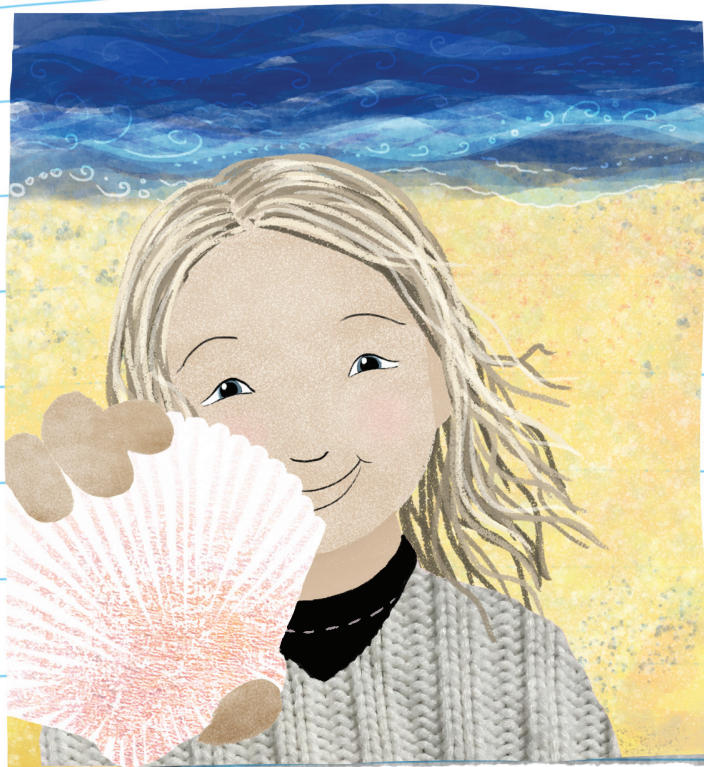




I'm making a
box so I won't
forget you,

with our memories like sand from the beach
where we played and left footprints as we
ran from crashing waves.

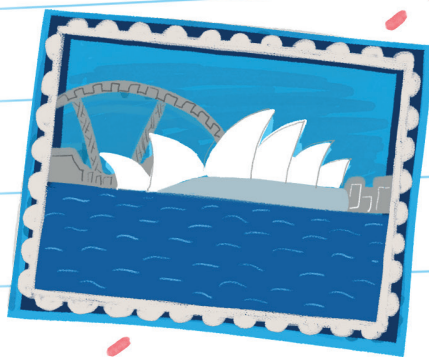




I want to
go everywhere
we've been,

everywhere
you've been,





everywhere we wanted to go.



Today I'm asking everyone about their
favorite memories of you.
Silly. Sweet. Some, just so you.
I'm listening to every word,
imagining you laughing with us.



It helps me when I think
about our special times.
And it even helps to still do the things
we'd planned to do together.



You're still with me
in my heart.

You'll always be with me
no matter where I go.
Whenever I miss you
I'll think of you.

And I'll never forget.



