

## **Prayers for Various Situations**

#### A prayer to begin the work day

May the graciousness of the Lord our God be upon us; prosper the work of our hands. (Ps. 90:17, ELW)

Generous God, you call us to lives of service.

In my words and actions this day, move me to serve in Christ's name.

When I lack energy, inspire me. When I lack courage, strengthen me.

When I lack compassion, be merciful to me.

You may make the sign of the cross.

In all things, O God, you are our way, our truth, and our life. Reveal through me your life-giving work, that I love my neighbors as myself. I ask this in Jesus' name. Amen

## A prayer to begin the school day

Show me your ways, O LORD, and teach me your paths. (Ps. 25:4, ELW)

Christ be with me: in you I am never alone.

 $Christ \, within \, me; your \, Spirit \, is \, at \, work \, in \, me.$ 

Christ behind me: reassure me when I struggle.

Christ before me: lead me when I am uncertain.

Christ beneath me: support me when I am weak.

Christ above me: encourage me to do my best.

Christ in quiet: I listen for the sound of your voice.

Christ in danger: I will not fear, for you are with me.

You may make the sign of the cross.

In all things, O God, you are our way, our truth, and our life.

Teach me to love you and my neighbors as myself.

I ask this in Jesus' name. Amen.

(Based on the Prayer of St. Patrick)

#### Meal time

Every good and perfect gift comes from you, O God. Bless this food, and help us to receive it with thankful hearts. By your Spirit nourish our love for one another and for our neighbor in need; through Jesus Christ, our Savior and Lord Amen

### Living alone

Gracious God, none who trust in your Son can be separated from your love. Give to all who live alone peace and contentment in their solitude, hope and fulfillment in their love of you, and joy and companionship in their relations with others; through Jesus Christ our Lord. Amen.

#### Blessing for pets and animals

Use this prayer on St. Francis Day, October 4, or whenever it is appropriate.

Gracious God.

in your love you created us in your image

and made us stewards of the animals

that live in the skies, the earth, and the sea.

Bless us in our care for our *pet/s* (animal/s) (names may be added here).

 $Help\,us\,recognize\,your\,power\,and\,wisdom$ 

in the variety of creatures that live in our world,

and hear our prayer for all that suffer overwork, hunger, and ill-treatment. \\

 $Protect\ your\ creatures\ and\ guard\ them\ from\ all\ evil,\ now\ and\ forever.\ Amen.$ 

#### Time of conflict, crisis, disaster

O God, where hearts are fearful and constricted, grant courage and hope. Where anxiety is infectious and widening, grant peace and reassurance. Where impossibilities close every door and window, grant imagination and resistance. Where distrust twists our thinking, grant healing and illumination. Where spirits are daunted and weakened, grant soaring wings and strengthened dreams. All these things we ask in the name of Jesus Christ, our Savior and Lord. Amen.

#### Health of body and soul

By your power, great God, our Lord Jesus healed the sick and gave new hope to the hopeless. Though we cannot command or possess your power, we pray for those who want to be healed. Mend their wounds, soothe fevered brows, and make broken people whole again. Help us to welcome every healing as a sign that, though death is against us, you are for us, and have promised renewed and risen life in Jesus Christ the Lord. Amen.

#### Time of grief

Merciful Creator, your Holy Spirit intercedes for us even when we do not know how to pray. Send your Spirit now to comfort us in these days of need and loss, and help us to commend (*name*) to your merciful care; through Jesus Christ, our Savior and Lord. Amen

#### Those suffering from addiction

O blessed Jesus, you ministered to all who came to you. Look with compassion upon all who through addiction have lost their health and freedom. Restore to them the assurance of your unfailing mercy; remove the fears that attack them; strengthen those who are engaged in the work of recovery; and to those who care for them, give honesty, understanding, and persevering love; for your mercy's sake. Amen.

#### The chronically ill and those who support them

Loving God, your heart overflows with compassion for your whole creation. Pour out your Spirit on all people living with illness for which there is no cure, as well as their families and loved ones. Help them to know that you claim them as your own and deliver them from fear and pain; for the sake of Jesus Christ, our healer and Lord. Amen.

#### Living with mental illness

Mighty God, in Jesus Christ you know the spirits that cloud our minds and set us against ourselves. Comfort those who are torn by conflict, cast down, or lost in worlds of illusion. By your power, drive from us the powers that shake confidence and shatter love. Tame unruly forces within us, and bring us to your truth, so that we may know peace and accept ourselves as your beloved children in Jesus Christ. Amen.

#### A prayer attributed to Francis of Assisi

Lord, make us instruments of your peace. Where there is hatred, let us sow love; where there is injury, pardon; where there is discord, union; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. Grant that we may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.

#### A prayer of Catherine of Siena

Power of the eternal Father, help me. Wisdom of the Son, enlighten the eye of my understanding. Tender mercy of the Holy Spirit, unite my heart to yourself. Eternal God, restore health to the sick and life to the dead. Give us a voice, your own voice, to cry out to you for mercy for the world. You, light, give us light. You, wisdom, give us wisdom. You, supreme strength, strengthen us. Amen.

#### A prayer of Julian of Norwich

In you, Father all-mighty, we have our preservation and our bliss. In you, Christ, we have our restoring and our saving. You are our mother, brother, and savior. In you, our Lord the Holy Spirit, is marvelous and plenteous grace. You are our clothing; for love you wrap us and embrace us. You are our maker, our lover, our keeper. Teach us to believe that by your grace all shall be well, and all shall be well, and all manner of things shall be well. Amen.

## A prayer of Martin Luther

Behold, Lord, an empty vessel that needs to be filled. My Lord, fill it. I am weak in the faith; strengthen me. I am cold in love; warm me and make me fervent, that my love may go out to my neighbor. I do not have a strong and firm faith; at times I doubt and am unable to trust you altogether. O Lord, help me. Strengthen my faith and trust in you. In you I have sealed the treasure of all I have. I am poor; you are rich and came to be merciful to the poor. I am a sinner; you are upright. With me, there is an abundance of sin; in you is the fullness of righteousness. Therefore I will remain with you, of whom I can receive, but to whom I may not give. Amen.

Prayers on pages 419–422 from Evangelical Lutheran Worship, All Creation Sings, and Pastoral Care



# **Morning Blessing**

You may make the sign of the cross.

I am a beloved child of God, marked with the cross of Christ forever.

Your mercies are new every morning. (Based on Lam. 3:23)

Thank you, gracious God, for the gift of this new day.

Awaken me to your abiding presence;
open my eyes to your creation;
open my ears to your promises;
open my heart to the needs of others.

Fill me with your Spirit and guide me this day
in works of kindness, justice, and mercy.

I ask this in the name of Jesus, the light and life of the world.

Amen.



## A Simplified Form for Morning Prayer

### **Opening**

O Lord, open my lips, and my mouth shall proclaim your praise. Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

The alleluia is omitted during Lent.

Alleluia.

## **Psalmody**

The psalmody may begin with Psalm 63, Psalm 67, Psalm 95, Psalm 100, or another psalm appropriate for morning. Psalms provided in this book for each day may be used instead of or in addition to the psalms mentioned.

A time of silence follows.

A hymn may follow (see the suggested hymn for each day).

## Readings

One or more readings for each day may be selected from those provided in this book. The reading of scripture may be followed by silence for reflection.

The reflection may conclude with these or similar words.

Long ago God spoke to our ancestors in many and various ways by the prophets, but in these last days God has spoken to us by the Son. 424

#### Gospel Canticle

The song of Zechariah may be sung or said.

Blessed are you, Lord, the God of Israel, you have come to your people and set them free. You have raised up for us a mighty Savior, born of the house of your servant David. Through your holy prophets, you promised of old to save us from our enemies, from the hands of all who hate us. to show mercy to our forebears, and to remember your holy covenant. This was the oath you swore to our father Abraham: to set us free from the hands of our enemies, free to worship you without fear, holy and righteous before you, all the days of our life. And you, child, shall be called the prophet of the Most High, for you will go before the Lord to prepare the way, to give God's people knowledge of salvation by the forgiveness of their sins. In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death,

#### **Prayers**

Various intercessions may be spoken at this time. The prayer provided in this book for each day may also be used.

The following prayer is especially appropriate for morning.

and to guide our feet into the way of peace.

Almighty and everlasting God, you have brought us in safety to this new day. Preserve us with your mighty power, that we may not fall into sin nor be overcome in adversity. In all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord.

Amen.

## The Lord's Prayer

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and forever. Amen.

### Blessing

Let us bless the Lord.

Thanks be to God.

Almighty God, the Father, + the Son, and the Holy Spirit, bless and preserve us.

Amen.

Additional materials for daily prayer are available in Evangelical Lutheran Worship (pp. 295–331) and may supplement this simple order.