David already had everything he needed.

KEY VERSE
But David said to Saul, “Your servant used to keep sheep for his father; and whenever a lion or a bear came, and took a lamb from the flock, I went after it ... The Lord, who saved me from the paw of the lion and from the paw of the bear, will save me from the hand of this Philistine.”
1 Samuel 17:34–37

STORY AT A GLANCE

David
• Anointed by Samuel to be the next king of Israel while King Saul was still in power. (1 Sam 16:11-13).
• Young shepherd, did not go to war like older brothers; brought supplies to them in battle. (1 Sam 16:21).
• While wearing Saul's armor seemed like a good plan, David trusted the living God and the abilities God gave him instead (1 Sam 17:31-40).

Goliath
• Was said to have come from a family of “giants” (1 Chron 20:4-8).
• Philistine warrior almost 10 feet (3 m) tall.
• It only took one stone to silence Goliath's boasting, many have wondered why David chose five.

King Saul
• Offered riches, freedom, and his daughter's hand in marriage as a prize to anyone who could kill Goliath. (1 Samuel 16:14-23).

Israelite Army
• Deployed to push back a Philistine invasion into Judah.

Philistine Army
• Sea people who became Israel's greatest rivals.
• They are still remembered in the word Palestine.

CLOSING PRAYER

Thank you, God,

For giving us what we need to solve problems. Help us be ready to use our bodies, brains, and hearts to do the right thing every day.

Amen!
DISCOVER

Get Ready
Identify each item with the kids, then ask:
- Who uses it?
- When do you need it?
- Where do you find it?
- How do you know how to use it?

Introduce the Characters
- There’s a boy named David. He’s a shepherd; he takes care of sheep.
- There’s a big, giant bully named Goliath. His army wants to fight David’s people.
- There’s a king named Saul. His army is afraid. King Saul thinks David needs a sword and some armor to fight Goliath.
- Where do you think God is in this story?

Play the David and Goliath Video
Watch for what David decides to use to defeat Goliath. HINT: It’s something he already has!
If time permits, watch it again!

(10-15 min.)

RELATE

Talk about the David and Goliath Video
- What did David need to beat Goliath?
- What surprised you about what King Saul did? The army? Goliath? David?
- Which character would you want to be? Why?
- I wonder why the adults thought David needed armor and a sword.
- What would you do or say to stop a bully like Goliath?
- Where do you think God is in this story?

(5-10 min.)

CONNECT

Open the Holy Moly Bible Storybook
Read Everything He Needed on pages 65-72. Look at the picture of David with the armor and sword.
- David was a kid, but King Saul tried to give him adult-sized armor and a sword. Why didn’t it work for David? Why did the sling and stones work better for David?
- Find the words that describe sounds: snap, whoosh, thwap, and thud.
- Say these sound words aloud using different voices. What made those sounds in the story?

(5-10 min.)

CREATE

Skills Over Height: Kids draw what they are good at doing and combine puzzles to compare their heights to Goliath.

Holy Moly!
Give kids time to imagine and help them reflect.
- What was David good at doing? What are you good at?
- How did David become a good shepherd?
- How did you become good at doing what you drew on your David marker?

Holy Moly!
Remind kids that David’s height didn’t matter!
- Who is the tallest person you know? The shortest?
- How tall did David need to be to beat Goliath?
- How tall do you need to be to use a key? Flashlight? Soap? Slingshot?

Measure kids and tape up their markers to show their heights compared to Goliath’s.