



## Multisensory Options

Choose one or more of these options to support the Bible story and Big Idea.

### Service: Communion Powers Activate!

**Communion Connection:** This activity helps kids make a connection between communion and service, and helps them think about how their faith, strengthened in communion, is active in love.

#### Description:

1. Before using this option, speak with congregational leaders about needs within your congregation and community that may be served by your group. Use this information to help kids make their choices and plans.
2. Remind learners of the Big Idea for this session: Communion prepares us to serve others. Review learnings from the session that support the Big Idea.
3. Say: **Now is the time for us to use the gifts Christ gives us at communion to serve others. What are some ways that our group can work to care for other people, for our congregation, or for creation?** Affirm their thoughts and have someone write the ideas down.
4. If the kids are stumped, give them some ideas of your own.
5. Review the ideas gathered and, together, choose one that the group can realistically act on in a meaningful way.
6. Help the group work out details of their chosen service project.
7. Communicate with parents about the service project, and, if necessary, solicit their help in executing it.
8. Once the project has been completed, publicize the results, celebrating how the kids have put their faith in action.
9. **Option:** If completing a group service project is logistically impossible, work through the same steps but focus instead on helping kids decide on service projects they can work on individually at home, in the community, or at church.

### “This I Believe” Audio Essay

**Communion Connection:** Learners will hear one person’s compelling testimony about how a radical experience of God at the communion table led to radical service to others.

**Background:** Sara Miles became a Christian through her experience of communion as a dinner table where everyone is welcome, and went on to found a food pantry right in the church sanctuary, serving over 700 strangers a week. She has written a book about her conversion entitled *Take This Bread: A Radical Conversion* (Ballentine Books, 2008).

**Description:** Listen together to the “This I Believe” audio essay “Strangers Bring Us Closer to God” by Sara Miles (4 min.). After listening to the audio essay, discuss it.

- **Sara Miles describes wandering into a church and experiencing her “first communion.” When she received the bread she says she suddenly knew that “it was made out of real flour and water and yeast—yet I also knew that God, named Jesus, was alive and in my mouth.” Have you ever had an experience when you knew for sure that God was with you? Tell about it.**
- **Sara Miles started a food pantry at her church in San Francisco. Every Friday the pantry is set up right in the middle of the worship space, around the altar. Why do you think she chose the worship space as the place to give away food to hungry people?**



### Supplies

- Paper, chalkboard, or whiteboard
- Pens, chalk, or dry erase markers



### Supplies

- The audio essay “Strangers Bring Us Closer to God” by Sara Miles, available at [www.thisibelieve.org](http://www.thisibelieve.org); go to the advanced essay search and put in Sara Miles’ name. You can also find a link to the essay at the author’s Web site: [www.saramiles.net](http://www.saramiles.net).
- MP3 player

