

# Celebrate the Sacrament



## Multisensory Options

Choose one or more of these options to support the Bible story and Big Idea.

### Sharing Our Favorite Breads

Have people share the breads they brought, and ask them to tell the group what kind of bread it is. Did they make the bread themselves? If so, how did they learn to make it? Where did the recipe come from? If not, do they know who made it? Do they know anything about where the ingredients came from? Often we have no idea where the wheat was grown, who harvested it, etc.

Some possible topics for discussion:

- **What are the justice issues involved in the creation of this bread?** For example: Is the land being used well? Are people paid fairly for raising the wheat, harvesting it, processing it into flour? Are the cows whose milk was made into butter treated well?
- **What are the justice issues involved in the selling of this and other breads?** For example: Could poor people afford this bread? What kind of bread is available to poor people in our inner cities?
- **Could you imagine using this bread for communion?**
- **Does your congregation use recognizable bread for communion, or does it use special communion wafers?**
- **How did the church (the larger church, not the local congregation) stop using regular bread for communion?** It was mostly because the church got overly worried about disrespecting Christ's body if any crumbs were dropped.
- **What part of the symbolism of bread = the community = the body of Christ is obscured when everyone gets an individual wafer?** We lose the picture that "we who are many are one body, for we all partake of the one bread" (1 Corinthians 10:17). We also lose the symbolism that the bread must be broken in order to be shared.

### Clips from *Smoke Signals*

Show the first clip. Ask a few of the following:

- **What are the three things that Arlene mentions to show that she doesn't make her famous frybread alone?** The recipe handed down through the generations, the fact that she listens to others' feedback, her watching Julia Child. **Could we say similar things about our communion meal, which is never made by one person alone?**
- **How about the bread we become for the sake of the world, the bread which is us? Are ancestors involved in the making of that bread?**
- **Do we listen to the people who will receive the bread, in order to know how we should be formed to meet their hunger?**
- **Do we learn from experts in community-making and justice-seeking, even experts from traditions other than our own?**



## Supplies

- Various kinds of bread, provided by participants



## Supplies

- DVD copy of *Smoke Signals* (Miramax, 1999)
- DVD player
- Directions:** Clip 1: Cue the DVD to just before Victor says "You know, Thomas said he'll give me the money" and end after Arlene says "You know how Indians feel about signing papers" (chapter 6, "On the Road," approx. 1 min.).  
Clip 2: Start just before Thomas says, "Hey, Susie, this is pretty good bread," and end after Susie says "I want both" (chapter 14, "Arlene's Frybread" (3 min.).

