The seeds are planted. Germination

The seeds grow and become full-fledged plants.

The wheat and grapes are harvested.

The wheat and grapes are hauled away and processed into flour and wine.

Some of the flour is brought to grocery stores and sold.

Some churches have members who volunteer to bake the bread for communion.

Some of the flour is sold to bakeries that make all sorts of bread. Some churches purchase this bread for communion.

Some churches purchase communion wafers for communion.

Churches purchase wine for communion.

These aren’t magic seeds like Jack and the Beanstalk or something. They’re normal seeds. All sorts of bread and wine can be used for communion; it’s not church bread or church wine. Remember, it’s God’s word that makes communion work, not the stuff we use for it.

Once the bread and wine are at worship, they are used in celebrations of holy communion. God’s gift is always proclaimed in Jesus’ own words of command and promise at the table. The bread and wine, along with the promise of Christ’s real presence, are given to believers. Now it’s a sacrament.

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fed and forgiven: Communion Prepares Us to Serve Others
After receiving Jesus Christ and his goodness in communion, believers go into the world, bringing God’s love and grace...

...to their homes.
...to their schools.
...to their workplaces.
...to the people next door.
...to the whole world!

Fed and forgiven at Christ’s table, God’s people...

...forgive.
...give.
...tell.

What things can you do to share God’s love with other people?