USING prophets & promises IN YOUR HOME EACH DAY

On your own

- If possible, light a candle and set a small bowl of water next to it. (Hint: Turn off electronic devices at this time.)
- Look at the photo for the day, read the devotion, and pray the prayer. Add to the prayer if you wish.
- Dip your fingers into the water and make the sign of the cross on your forehead.
- Use the household blessings and prayers in the back of the devotional for ideas for table prayers and rituals for occasions like lighting the Advent wreath, lighting the Christmas tree, blessing the nativity scene, and blessing the home at Epiphany.

With others

- If possible, light a candle and set a small bowl of water next to it. (Hint: Turn off electronic devices at this time.)
- Look at the photo for the day together. (With a child or children, ask a question about the photo, for example: What do you like about this picture? What do you think happens next? How do you feel when you look at this picture? What does this picture make you want to do?)
- With a child or children, use the Bingo card and drawing prompts provided in order to keep younger participants engaged.
- Have one person read the scripture passage and "To ponder" quote aloud, and another read the reflection. Pray the prayer aloud together.
- Dip your fingers into the water and make the sign of the cross on each other's foreheads.
- Use the household blessings and prayers in the back of the devotional for ideas for table prayers and rituals for occasions like lighting the Advent wreath, lighting the Christmas tree, blessing the nativity scene, and blessing the home at Epiphany.

Tips

- Make devotions a daily habit, like brushing your teeth. Many people find it helpful to have devotions at the same time and place every day (or most days)—at a table before or during a meal, on the bus or train to school or work, in a child's room at bedtime. Do what works best for you.
- Don't give up if you miss a day! Move ahead to the next devotion the following day.
- If you are using *Prophets and Promises* with others, consider putting someone in charge of making sure you take time for daily devotions. (Children especially may enjoy this responsibility!)