



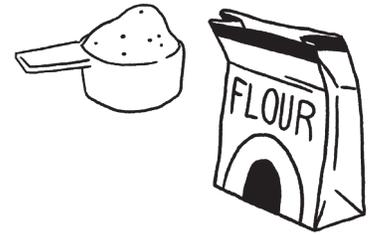
DAY 1 FAMILY PAGE

Now that your mender has learned more about how God gives enough food for all, try one or both of these mending projects.

Bread to Share

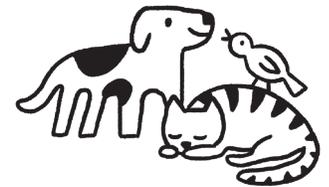
Follow this simple recipe to make some bread that will feed your family and others.

- * Combine 1 cup of self-rising flour and 1 cup of plain Greek yogurt (room temperature) and mix until the dough comes together cleanly from the sides of the bowl.
- * Dust a cutting board with a light coat of flour and pat the dough onto the board.
- * Cut the dough into 8 equal pieces, then roll each piece into a ball.
- * Grease a 12-inch cast iron skillet with butter, then place the rolls in the pan.
- * Bake at 350 degrees for about 25 minutes or until golden brown.
- * Cool slightly, then brush butter on top and add a sprinkle of salt.
- * Cut into pieces and share with neighbors and friends!



Animal Love

One of the things we can all do to be menders in our changing climate is to provide food and shelter for animals. Learn about the native plants in your area and plant some in your yard, a community garden, or other local spot to provide safety and nutrition for all of God's creatures.



About Today's VBS





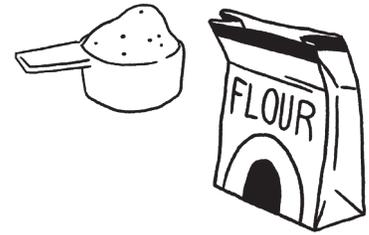
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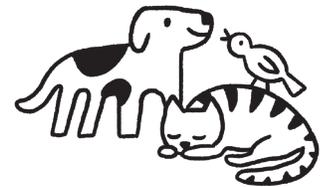
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