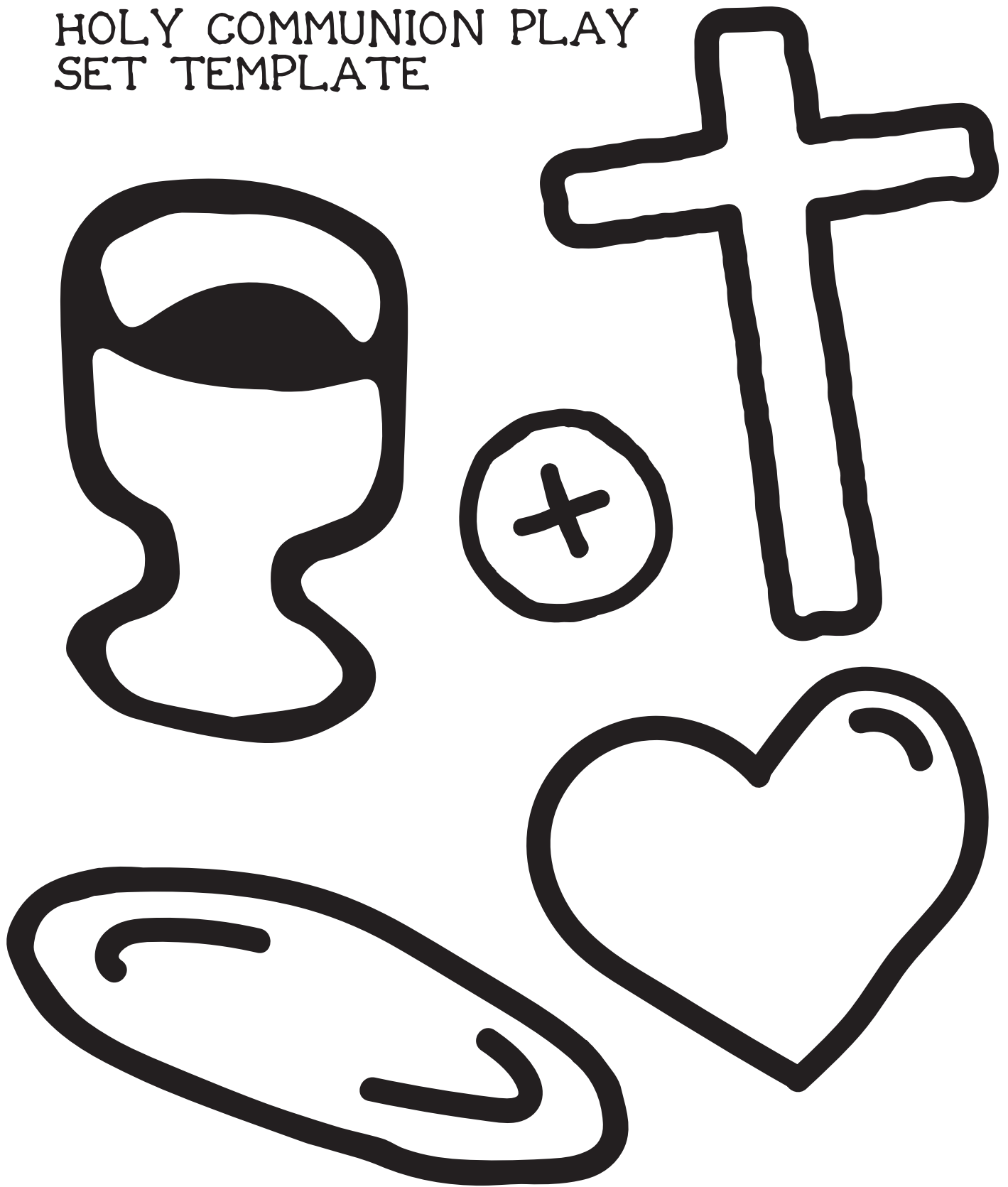


# HOLY COMMUNION PLAY SET TEMPLATE



# HOLY COMMUNION PLAY SET INSTRUCTIONS

When we receive holy communion,  
we are sharing a meal that Jesus  
shared with his disciples on the  
night before he died. Each part  
of the meal has meaning.

Jesus said, "Take and eat."



Jesus said, "Take and drink."



Jesus ate this meal with  
his disciples the night before  
he died on a cross.



God feeds us  
because God loves us!



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# A PLACE FOR YOU



# TABLE GRACE LYRICS (SET A)

## **God Our Father**

(Sing to the tune of "Are You Sleeping?")

God our Father,  
God our Father,  
Now we pray,  
Now we pray,  
Count our many blessings,  
Count our many blessings,  
Amen, amen!

## **Johnny Appleseed**

(Sing to the traditional tune.)

Oh, the Lord is good to me,  
And so I thank the Lord  
For giving me the things I need  
The sun and the rain and the apple seed.  
The Lord is good to me!  
Amen, amen, amen, amen, amen  
Aaaaaamen!

## **Thank You, God!**

(Sing to the tune of the theme song from Superman. "Superman March.")

Thank you, God, for giving us food!  
Thank you, God, for giving us food!  
For the food that we eat  
For the friends that we meet  
Thank you, God, for giving us food!

## **Let's Join Hands**

(Sing to the tune of "Mary Had a Little Lamb.")

Let's join hands and give our thanks,  
Give our thanks, give our thanks,  
Let's join hands and give our thanks,  
Give our thanks to God.

# TABLE GRACE LYRICS (SET B)

## **Johnny Appleseed**

(Traditional)

Oh, the Lord is good to me,  
And so I thank the Lord  
For giving me the things I need  
The sun and the rain and the apple seed.  
The Lord is good to me!  
Amen, amen, amen, amen, amen  
Aaa-men!

## **God Is Great**

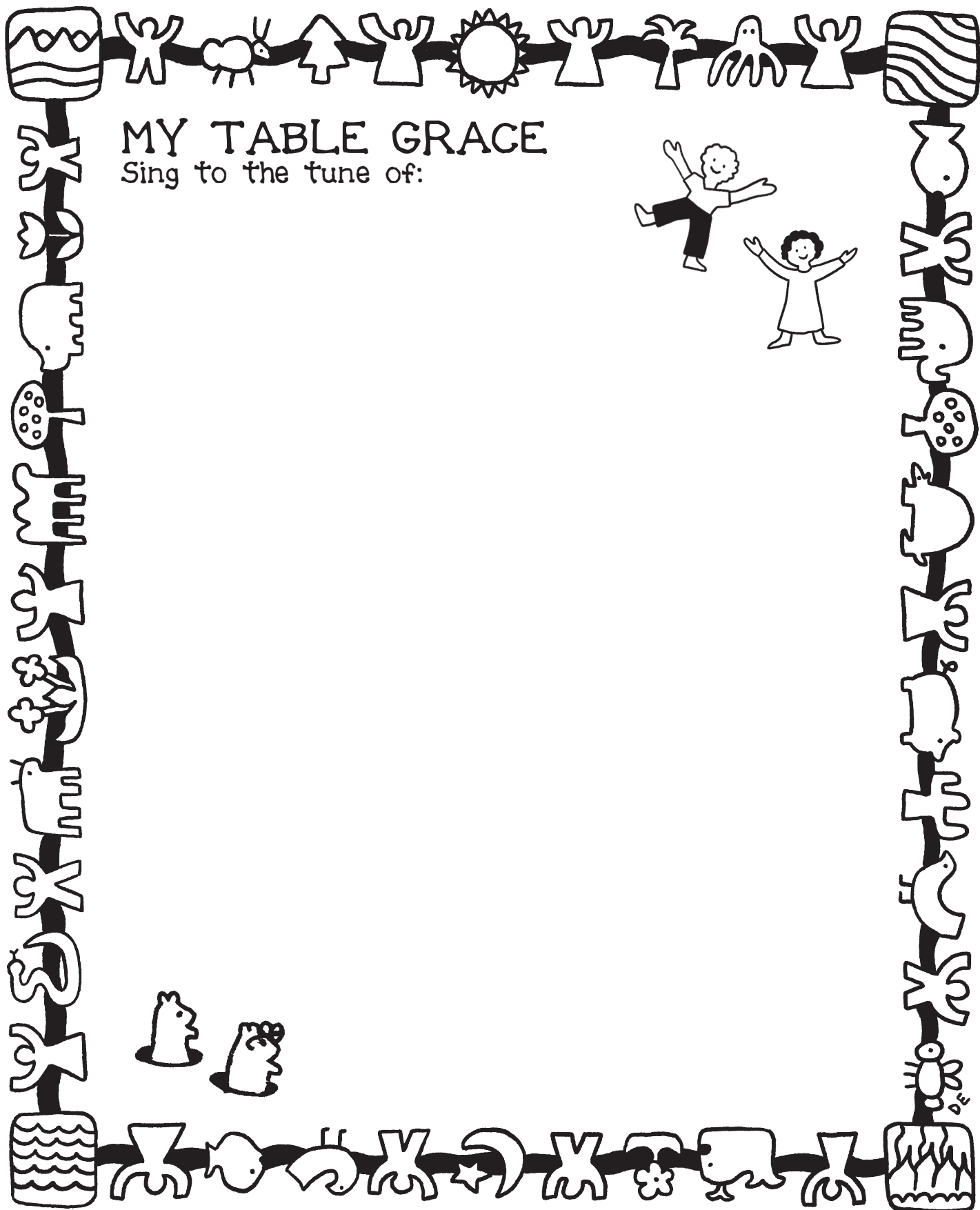
(Sing to the tune of "Meet The Flintstones")

God is great  
And God is good  
And we thank God for our food

God is great  
And God is good  
And we thank God for our food

Amen, amen, amen, amen  
Amen, amen, amen, amen

God is great  
And God is good  
And we thank God for our food  
AMEN!



# A PLACE FOR ME, A PLACE FOR YOU


God feeds me and God feeds you.


There's a place for me and a place for you!


God loves me and God loves you.


There's a place for me and a place for you!


Use this simple rhythm and motions or create your own!


Voice  $\frac{4}{4}$    
1 God feeds me and God feeds you.  
2 God loves me and God loves you. There's a

Feet  $\frac{4}{4}$    
walk walk walk jump

Hands  $\frac{4}{4}$    
point up or use ASL sign for "God" point to self point up or use ASL sign for "God" point to others

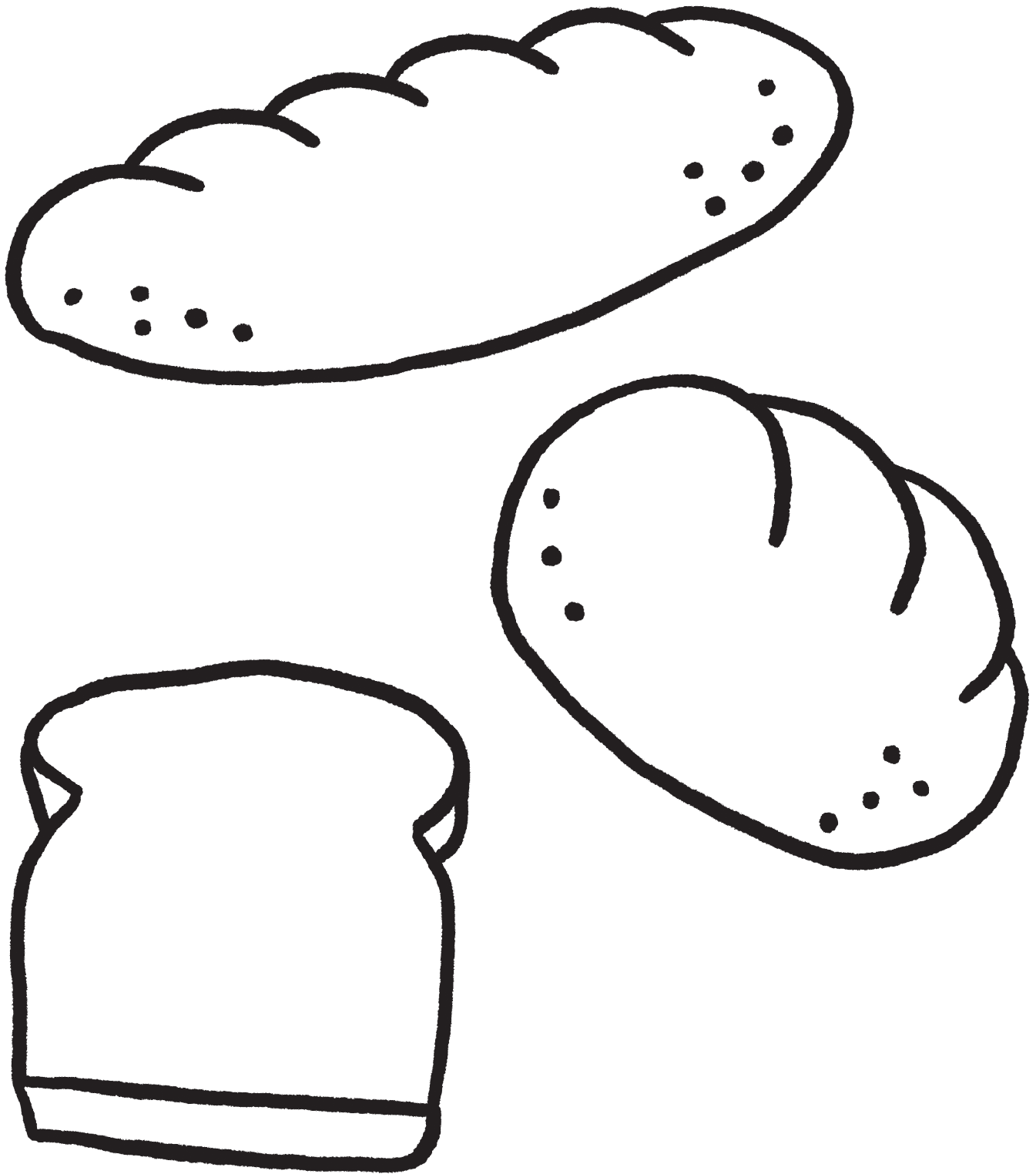
Voice   
place for me and a place for you!

Feet   
walk walk walk jump

Hands   
pound one fist on open palm of other hand or use ASL sign for "place" point to self pound one fist on open palm of other hand or use ASL sign for "place" point to others



# BREAD TO SHARE



Lebanon

# WET OR DRY?

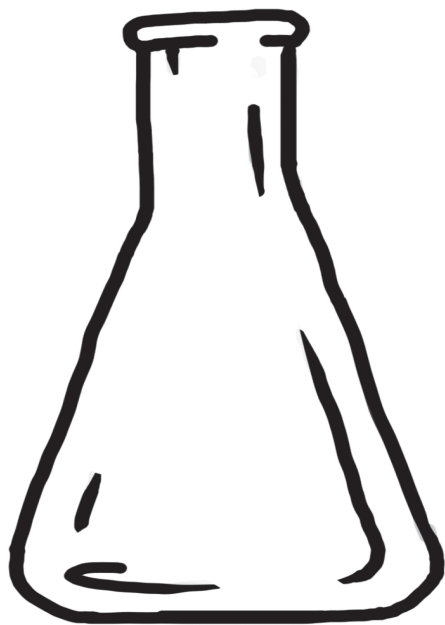
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NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

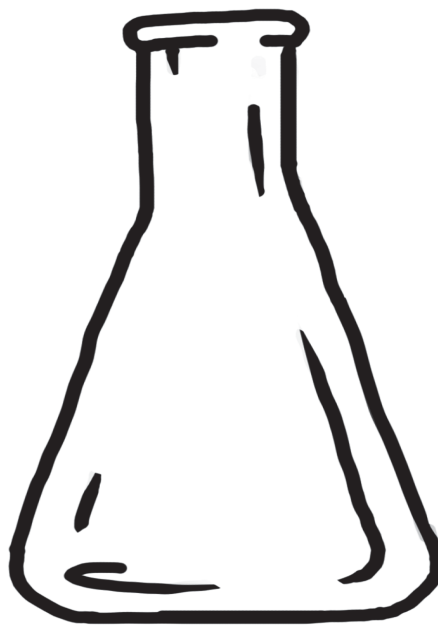
LAB GROUP: \_\_\_\_\_ TIME: \_\_\_\_\_

Record the number of drops here.

How many drops to turn the bread from dry to wet?



What does the bread look like when it is dry? Sketch it here.



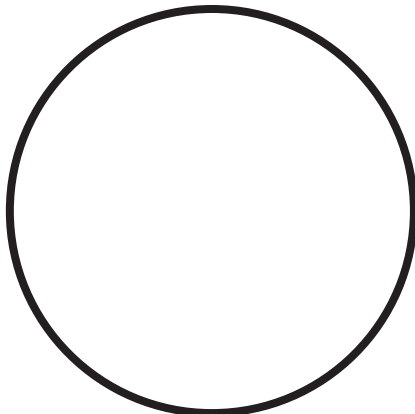
What does the bread look like when it is wet? Sketch it here.

# FEEDING BECOMES HEALING

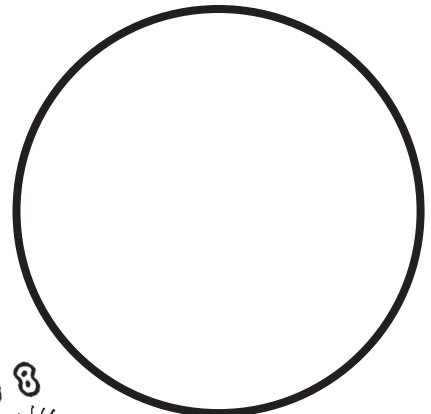
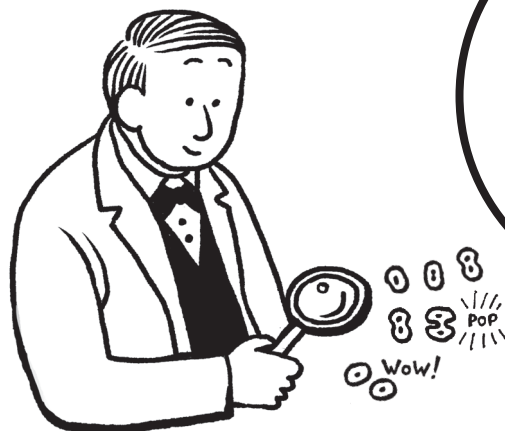
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LAB GROUP: \_\_\_\_\_ TIME: \_\_\_\_\_

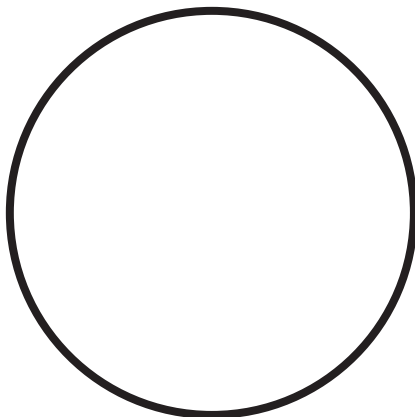


DRY  
BREAD



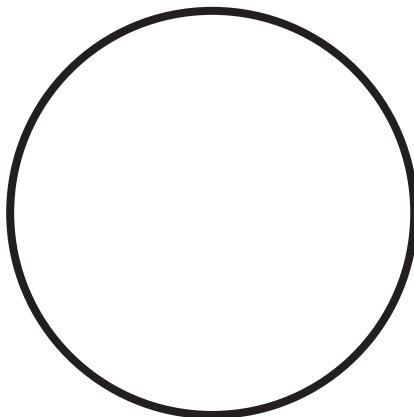
WET  
BREAD

I'M MOLDING!



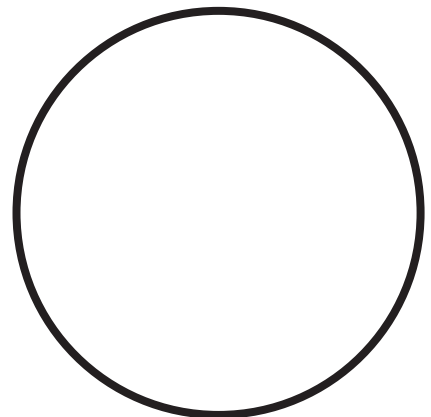
DATE

\_\_\_\_\_



DATE

\_\_\_\_\_



DATE

\_\_\_\_\_

# CAPILLARIES FEED US

## DATA RECORDING SHEET

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

LAB GROUP: \_\_\_\_\_ TIME: \_\_\_\_\_



\_\_\_\_\_  
\_\_\_\_\_

Day 2 Predicted



\_\_\_\_\_  
\_\_\_\_\_

Day 2 Actual



\_\_\_\_\_  
\_\_\_\_\_

Day 5 Predicted



\_\_\_\_\_  
\_\_\_\_\_

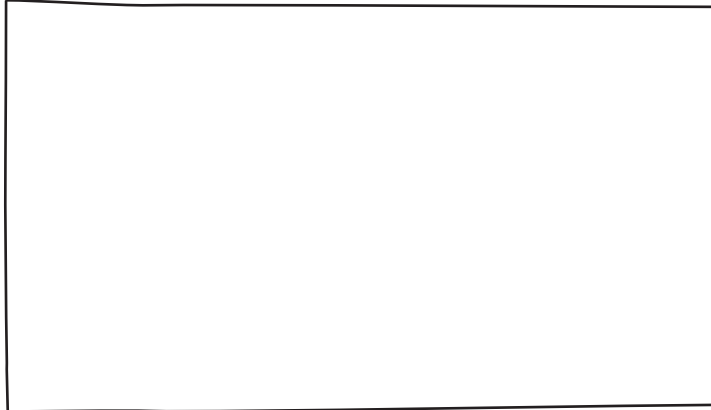
Day 5 Actual

# SEED TO FEED

## DATA RECORDING SHEET

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

LAB GROUP: \_\_\_\_\_ TIME: \_\_\_\_\_



Bag 1 Observations

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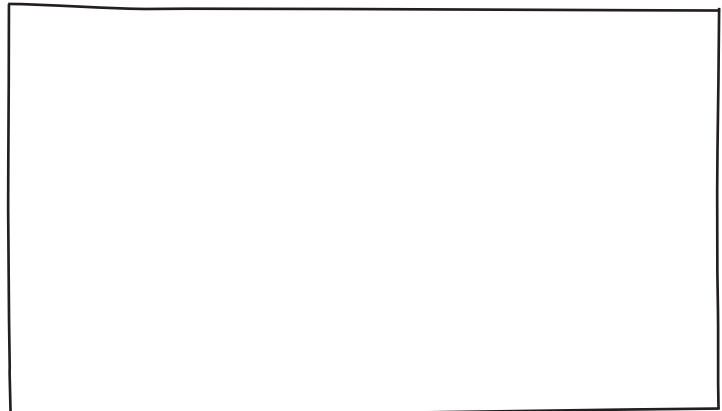
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Bag 2 Observations

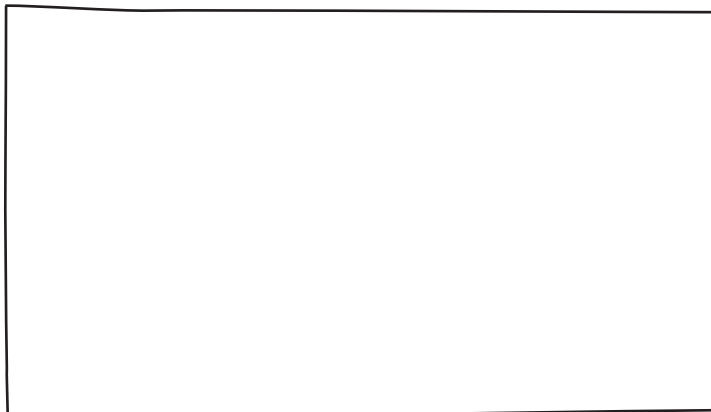
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Bag 3 Observations



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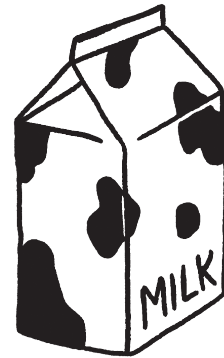
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# FRIENDSHIP BREAD STARTER DIRECTIONS

This recipe makes enough starter for one kid. If multiple kids are using one bowl, double or triple the amounts.

## INGREDIENTS

- \*  $\frac{1}{4}$  cup warm water, about 110 degrees
- \* 1 package ( $2\frac{1}{4}$  teaspoons) active dry yeast
- \* 1 cup flour
- \* 1 cup sugar
- \* 1 cup milk (2% or higher fat)



## INSTRUCTIONS

1. Pour the warm water into a small glass bowl. (Plastic is okay too. Avoid metal.)
2. Sprinkle the yeast over the water. Allow it to stand for 5–8 minutes so it can dissolve.
3. In a larger glass or plastic bowl (not metal!), mix the flour and sugar with a wooden (not metal!) spoon.
4. Stir the milk into the dry ingredients and then add the yeast mixture.
5. Cover the bowl loosely with plastic wrap and allow the mixture to stand until bubbly, about 10–15 minutes.
6. Once the mixture is bubbly, pour it into a gallon-size zip-top plastic bag and seal tightly. If making multiple starters in the same batch, be sure to divide them first. Allow the starter mixture to sit out at room temperature. Do not refrigerate. This counts as Day 1.

# 10-DAY INSTRUCTIONS

Follow these instructions, keeping contents at room temperature. Do not refrigerate the bag!

Day 1: Do nothing. Let the starter rest.

Day 2: Mash the bag. Squish it around a bit to keep things interesting in there! If the bag starts to puff up, you can let the extra air out. Just be sure to seal it tightly again.

Day 3: Mash the bag.

Day 4: Mash the bag.

Day 5: Mash the bag.

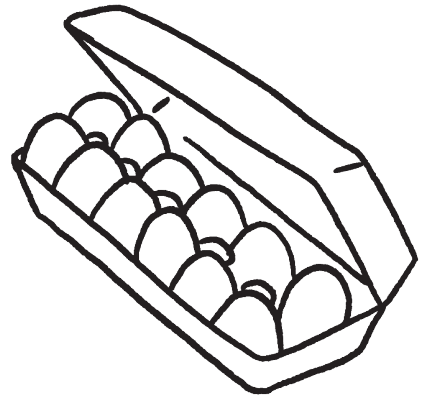
Day 6: Add 1 cup each of flour, sugar, and milk. Mash the bag until the new ingredients are fully incorporated.

Day 7: Mash the bag.

Day 8: Mash the bag.

Day 9: Mash the bag.

Day 10: Pour the starter into a glass or other nonmetal bowl. Add 1/2 cup each of flour, sugar, and milk. Mix with a wooden (or other nonmetal) spoon until the new ingredients are fully incorporated. Put aside 1 cup of the mixture to bake your own bread and divide the remaining starter into one or more zip-top bags, which you can share with friends along with a copy of these instructions and the recipe.

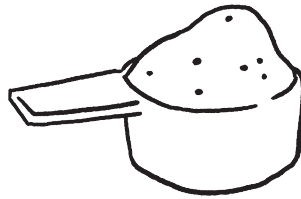




# FRIENDSHIP BREAD RECIPE

## INGREDIENTS

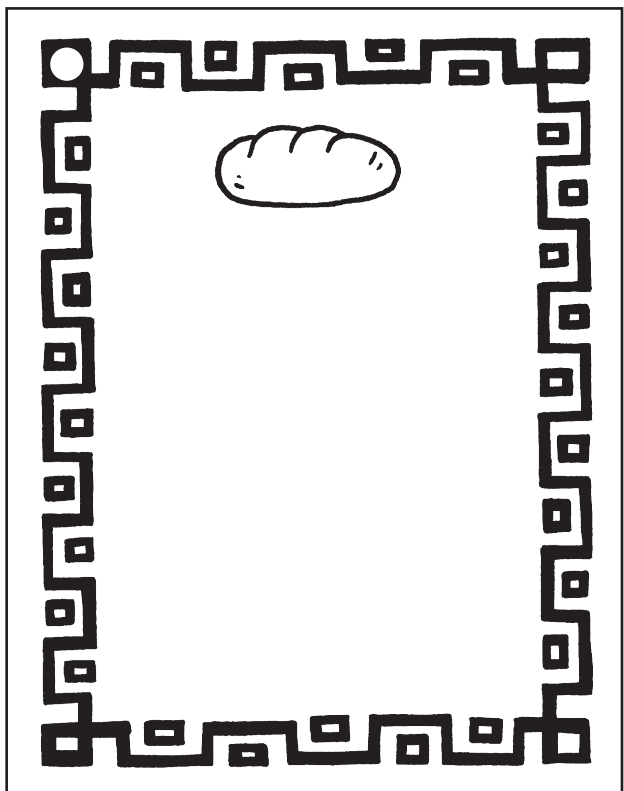
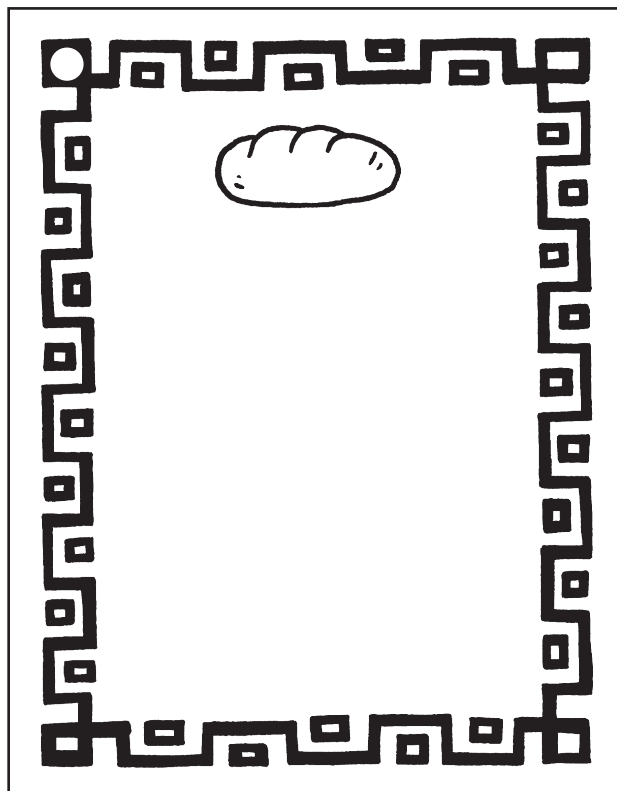
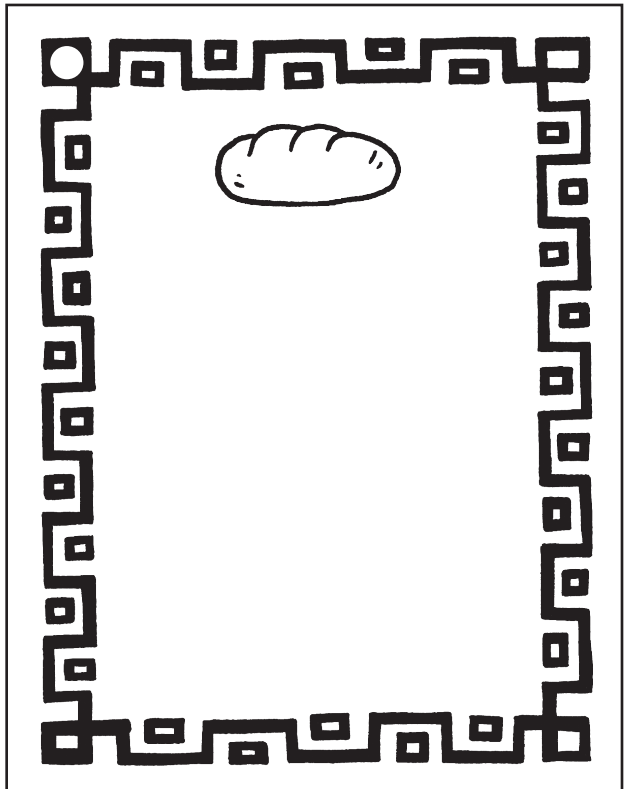
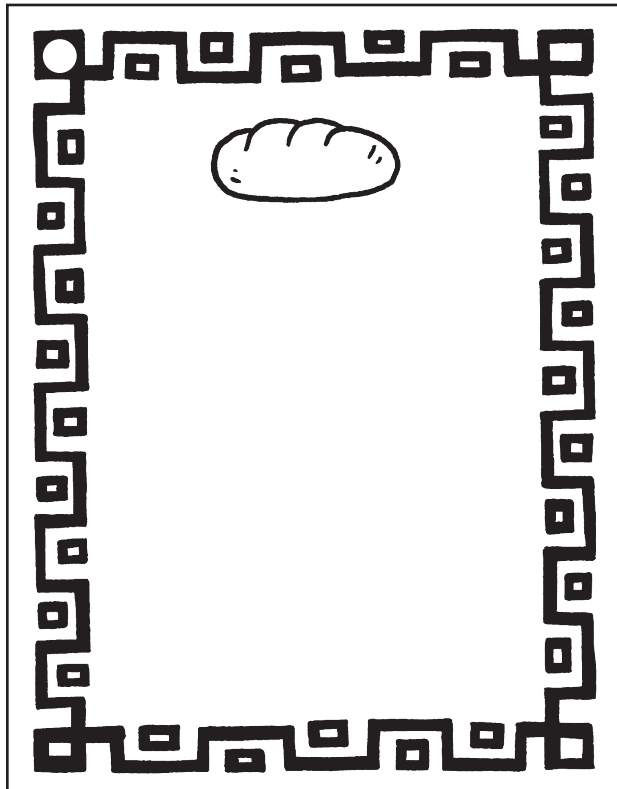
- \* 1 cup friendship bread starter
- \* 1 cup oil
- \* 3 large eggs
- \*  $\frac{1}{2}$  cup milk
- \*  $\frac{1}{2}$  teaspoon vanilla
- \* 1 cup granulated sugar
- \* 2 cups flour
- \*  $\frac{1}{2}$  teaspoon salt
- \*  $\frac{1}{2}$  teaspoon baking soda
- \*  $1\frac{1}{2}$  teaspoons baking powder
- \* 2 teaspoons cinnamon
- \* 2 small boxes instant vanilla pudding (3.4 ounces each)



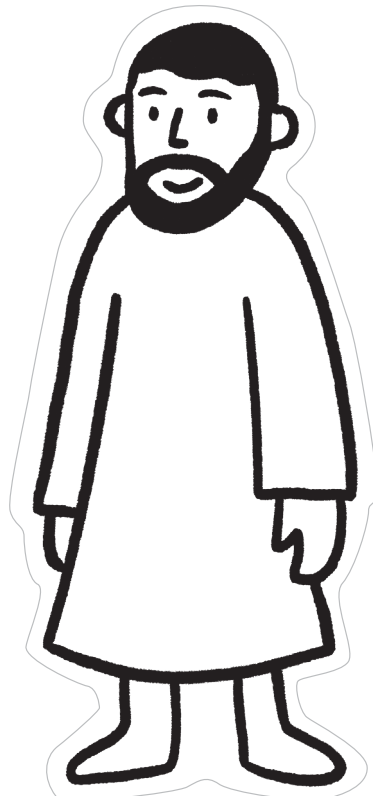
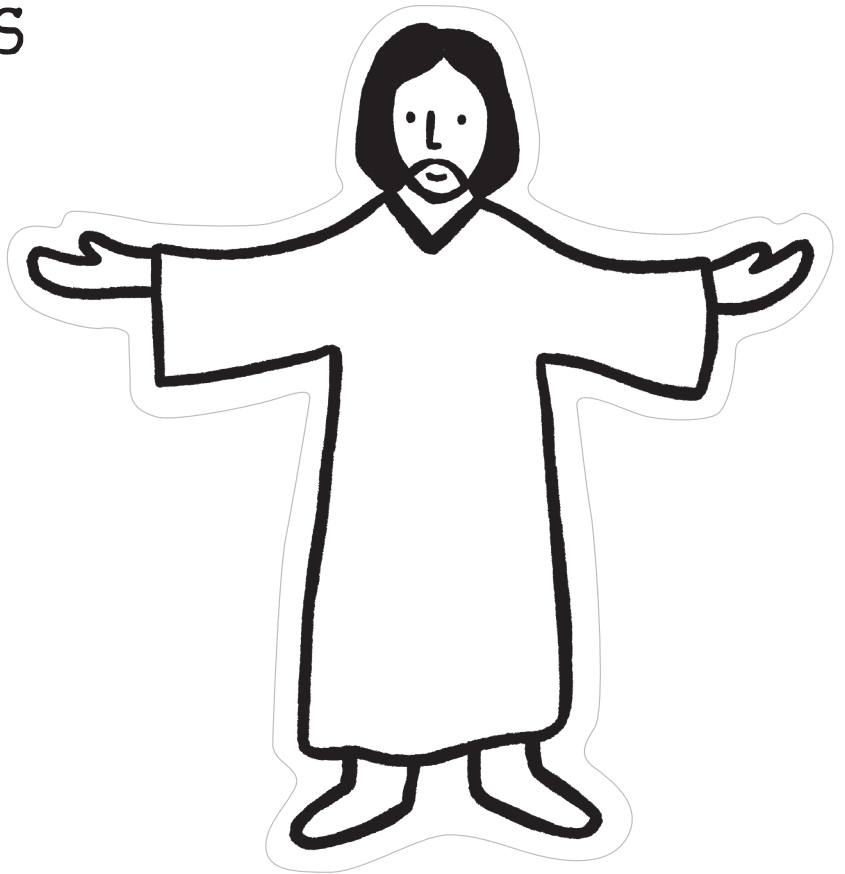
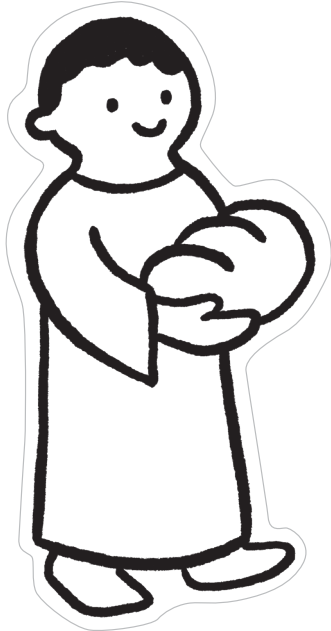
## DIRECTIONS

1. Preheat the oven to 325 degrees.
2. In a large bowl, combine all ingredients.
3. Mix well.
4. Spray two loaf pans with cooking spray.
5. Pour the batter evenly into the pans and sprinkle with cinnamon and sugar.
6. Bake for 1 hour or until a toothpick inserted into the center of each loaf comes out clean.
7. Cool until the bread loosens easily from the pans.
8. Slice and enjoy!

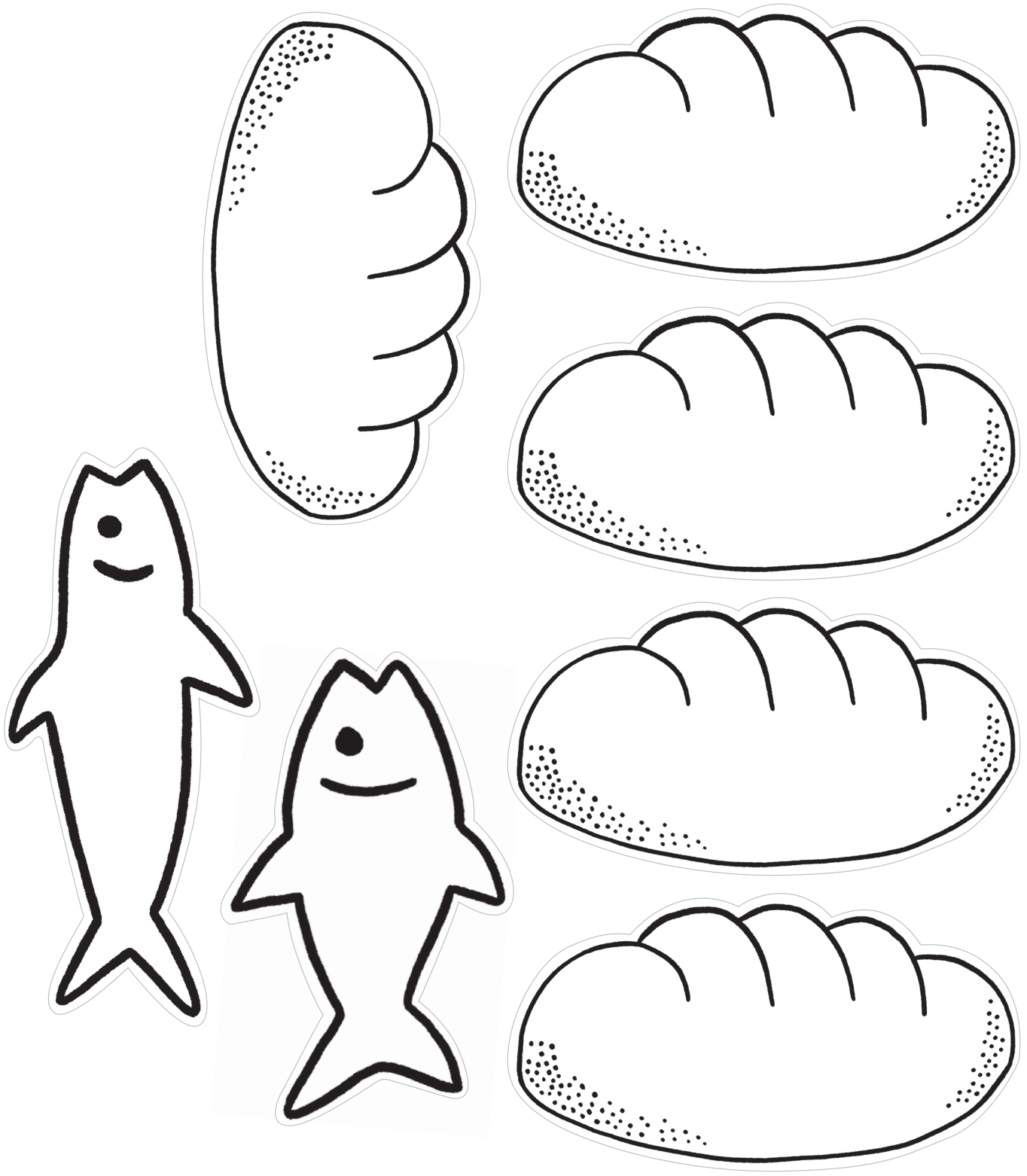
# ENCOURAGEMENT CARDS



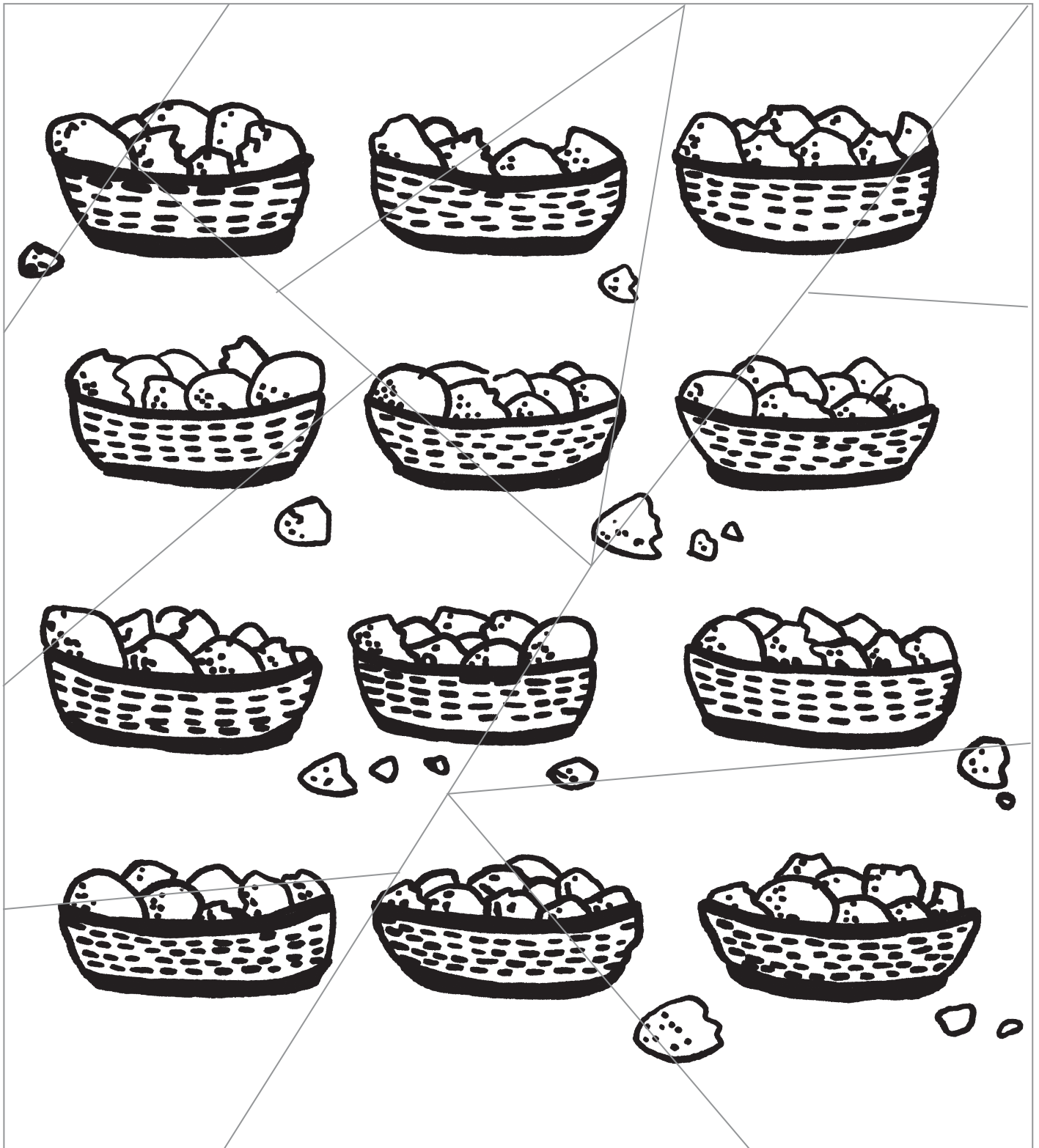
# STORY FIGURES



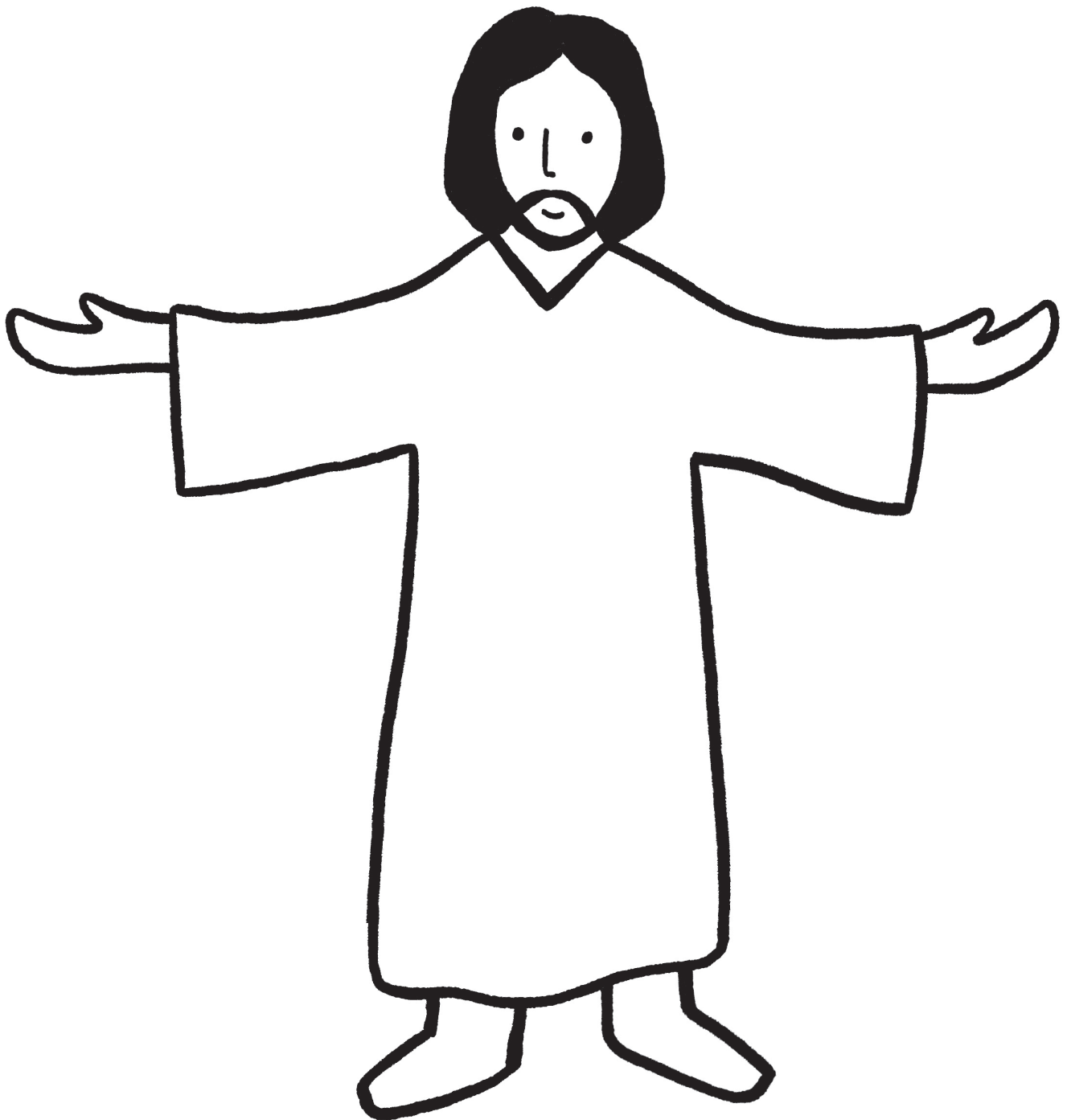
# LOAVES AND FISH



# TWELVE BASKETS



1



2

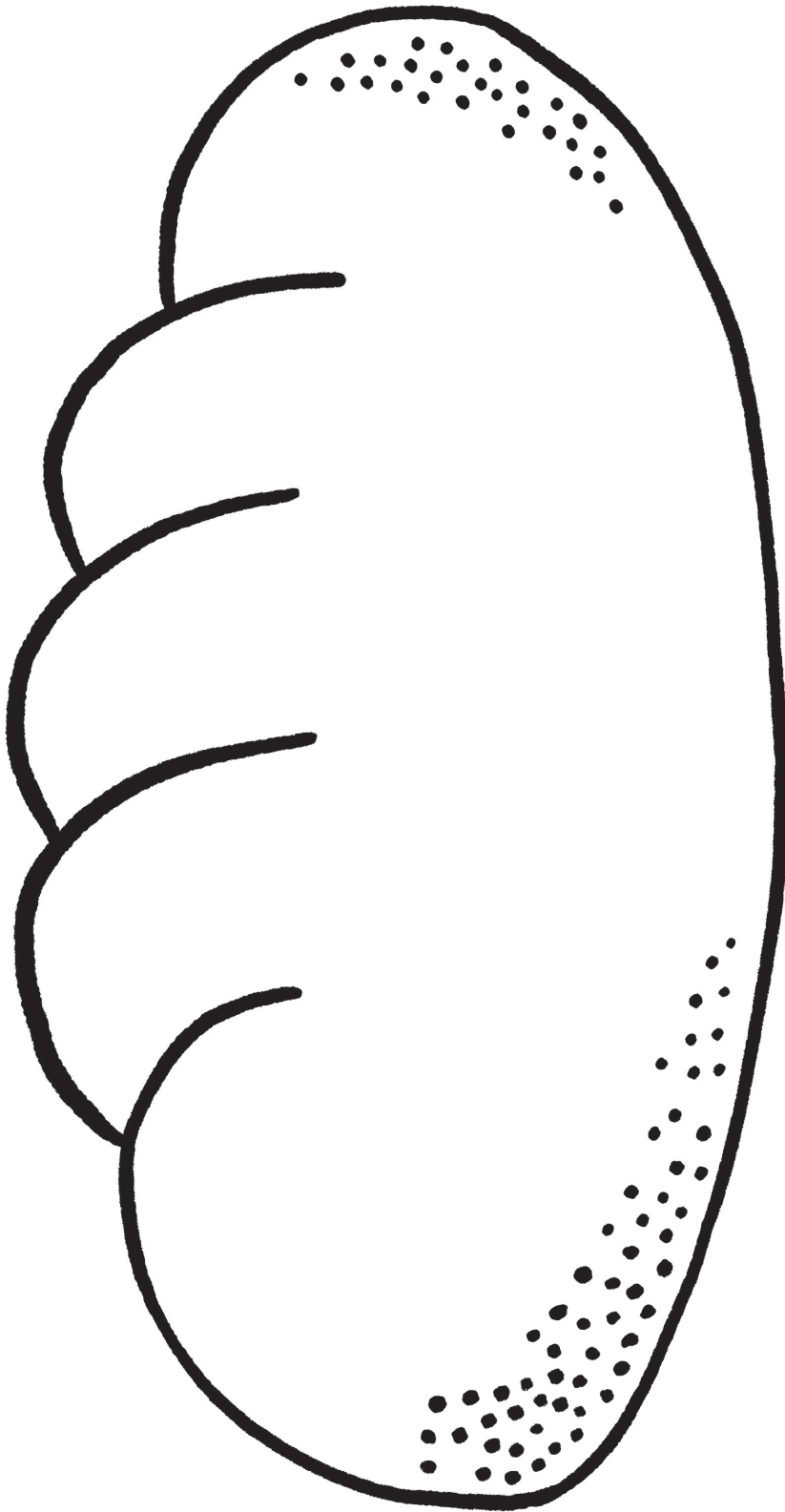


3

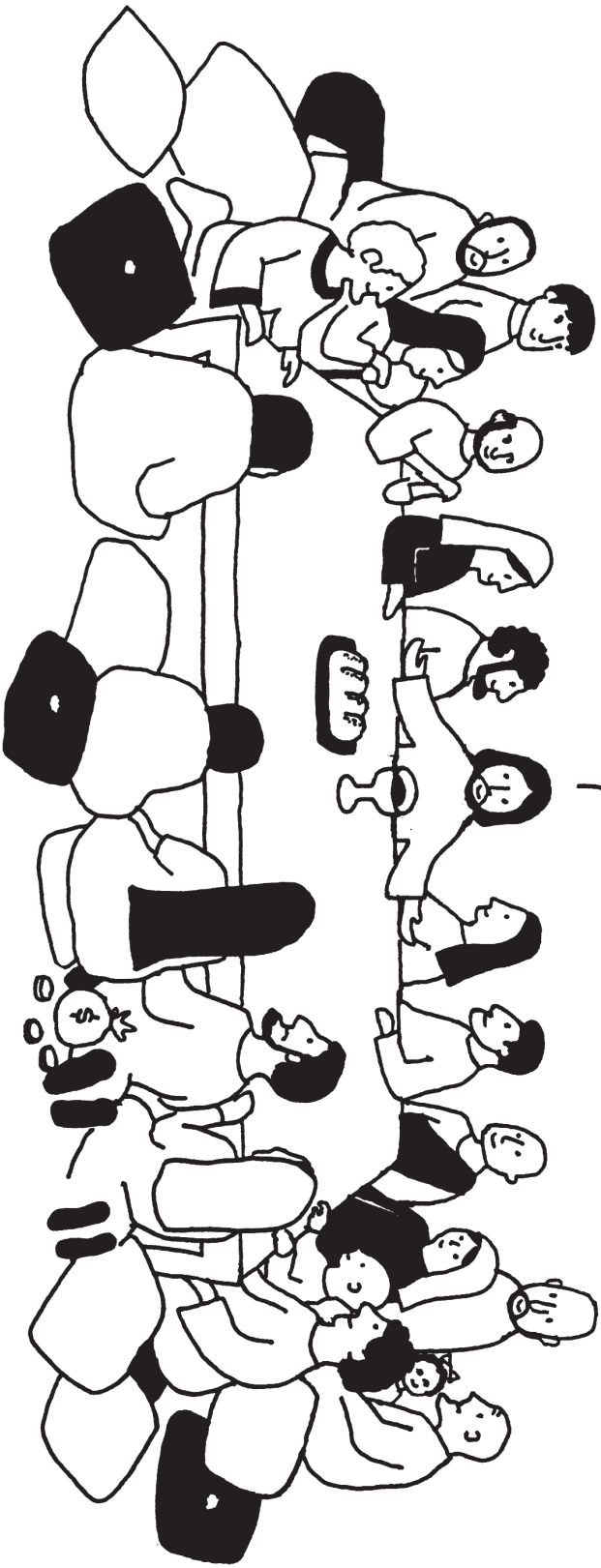
who  
are  
you?

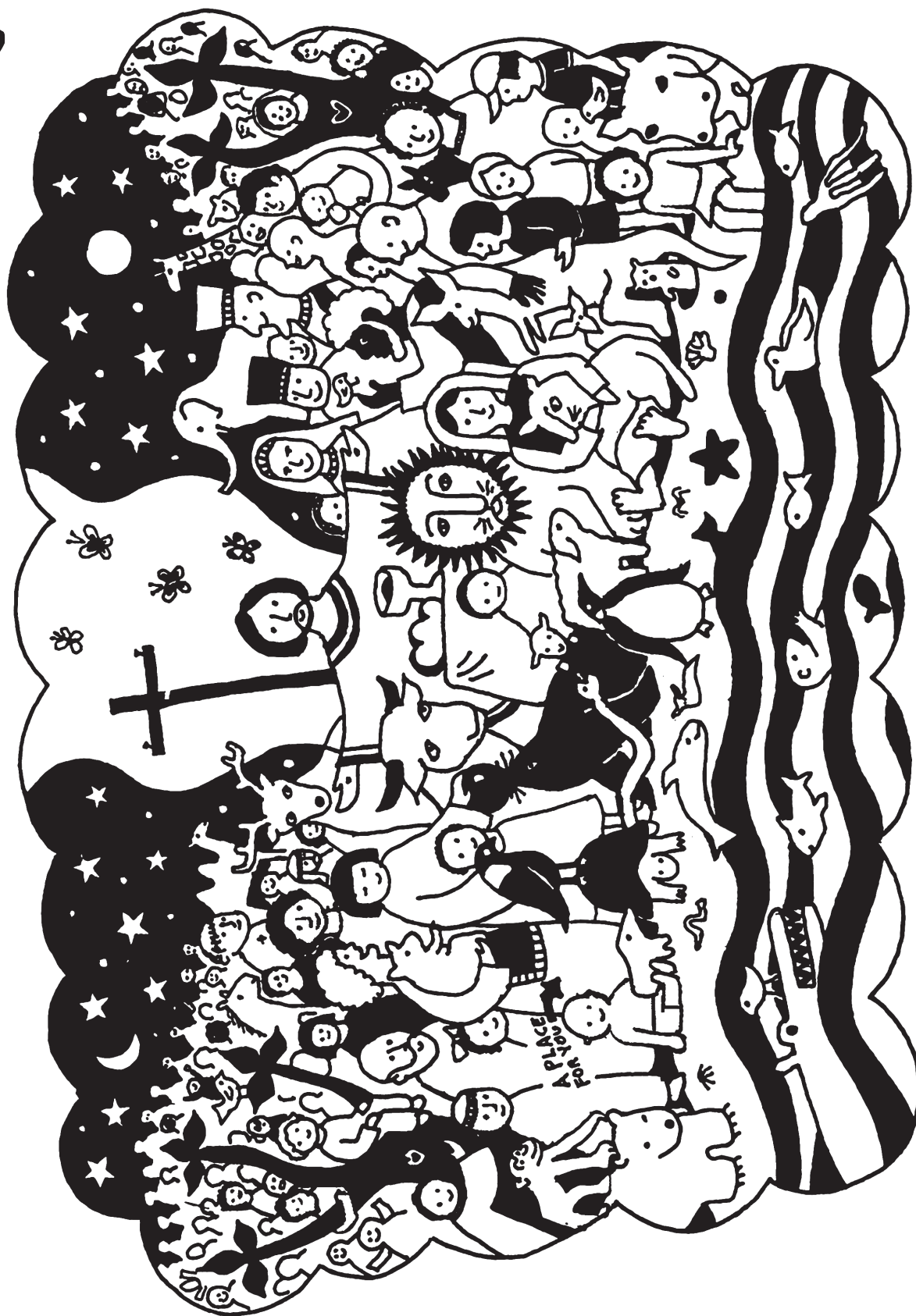


4

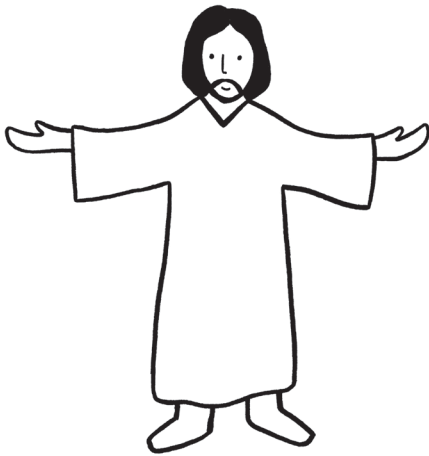


“Whenever you share this bread and cup, I will be with you, feeding you, loving you, forgiving you.”





# STORYTELLING CARDS

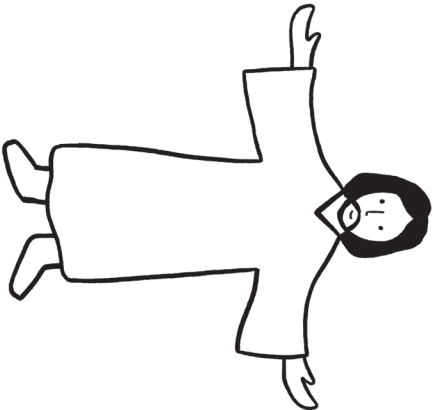



Who  
are  
you?



*"Whenever you share this bread and cup, I will  
be with you, feeding you, loving you, forgiving you."*



		<h1>Who are you</h1>	
<p>Write Jesus' name or initials on his robe.</p>	<p>Add question marks near the people.</p>	<p>Add a question mark.</p>	<p>Draw a loaf of bread.</p>
