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Dance, Sing, and Shout!

A Prayer from Psalm 33

I clap my hands.
I stamp my feet.
I dance with my whole body.
    I dance!

I sing with my whole heart.
  I sing!
I sing a brand new song
    from the top of my lungs,
because you are wonderful.
And I shout!
I yell!
I shout
and declare your name,
because you are mighty.

I beat my drum.
I play the cymbals.
I blow a trumpet.
I march up and down
the yard,
the street,
the field.
I sing my love songs to you—
I rejoice in you,
because you are awesome.
Like a Shepherd Lead Me

A Prayer from Psalm 23

Like a shepherd, Lord, please lead me.
Like a sheep, I need your guidance too.
Lead me to quiet waters and to green grass
where I can play.
When I am in dark and scary places,
watch over me and see me through.
It comforts me to know that
you will always keep me safe.
Pour your blessings over me, Lord,
and shower me with your grace.
That way I will have goodness and mercy
with me at all times.
Because you are my guide in life,
I will always be in your care.
When I look on your face, God,
I’m like the moon lit bright
by the dazzling sun.
Without your glowing warmth
I’m lonely,
lost in a long shadow.
I can’t see anything!
Just when I think I’ve lost your warm light
and the shadows feel long and cold,
I remember that you never leave me!
You are close to anyone
with a broken heart,
beside us in dark places.
I will turn my face toward
your loving light.