

## Endorsements

“This is a book that will touch your heart and help it to heal. I was crying before I finished the introduction. We all must learn to deal with loss if we are to survive. As a physician, I know how destructive it can be to deny the loss and bury it within one’s self. The death of a beloved pet puts us in touch with all our losses. Betty J. Carmack’s words of wisdom, coming from her experience with the pain of loss, can help you to heal your life and wounds. The wise know our bodies are impermanent and the only thing of permanence is love. Read on and help make yourself and your beloved immortal.”

—Bernie Siegel, MD, author of *Love, Medicine & Miracles*

“*Grieving the Death of a Pet* is a must-read for everyone facing the intense pain that comes with losing a cherished animal companion. Betty Carmack’s deep understanding of the grieving process and her profound respect for the human-animal bond shine through on every page.”

—Ed Sayres, President, San Francisco Society for the Prevention of Cruelty to Animals

“*Grieving the Death of a Pet* offers the nurturing supportive hug that we all need when we experience the loss of a kindred spirit.”

—Allen M. Schoen, DVM, author of *Kindred Spirits*

“Poignant and sometimes heartrending, filled with personal stories of love and loss.”

—*Publishers Weekly*

“Those who can say ‘it’s just a pet’ won’t need this book. For those who know better, Betty J. Carmack teaches how to fully honor the loss of a truly beloved companion. The lessons of grief for our animals have much to teach us about how to grieve for the human companions in our lives. They are lessons well learned.”

—Megory Anderson, MA, founding director of the Sacred Dying Foundation, author of *Sacred Dying: Creating Rituals for Embracing the End of Life*

“Betty J. Carmack offers readers a gift through her narratives and kind guidance for experiencing the loss of a pet. This is a book about connection, relationships, and love that make up the rich landscape of the caring lives of pet guardians. *Grieving the Death of a Pet* makes a clear point: Pet loss is not the minor league of grief.”

—Harold Ivan Smith, D.Min., grief counselor, author of *Grieving the Death of a Mother, On Grieving the Death of a Father, and When Your Friend Dies*.