

Endorsements

“Food is a life-sustaining gift from God, which is why justice demands that we create a world where all can eat nutritiously. *Sharing Food* will cause readers to be more mindful of how we relate to this gift.”

– **The Rev. David Beckman, Bread for the World**

“*Sharing Food* is a feast in itself with its luscious lines and savory stories; both dished up with deep joy. Shannon Jung combines delight and sharing, the twin ingredients with which God – the hostess – created food and eating. He reminds us that eating is a primal delight; the forces of the universe sometimes do line up in the pecan pie or the pasta! A theological treat, *Sharing Food* develops hospitality as the central Christian practice.”

– **Jeanne Stevenson-Moessner, Associate Professor of Pastoral Care, Perkins School of Theology, Southern Methodist University**

“Here is a clarion call to mindfulness in relationship to one of the most fundamental of all human activities – eating! Shannon Jung summons us to slow down and examine not only our eating dis-orders – like obesity in a world of hungry people – but the promise of eating well, as epitomized in the Eucharist. Rich in theological insight and full of practical wisdom, this book motivates the reader beyond guilt toward rediscovering delight in sharing together a common meal.”

– **Craig Nesson, Academic Dean and Professor of Contextual Theology, Wartburg Theological Seminary, and author of *Give Us This Day***

“Jung explores practices such as praying before meals, hospitality, fasting and feasting.... He discusses the Lord’s Supper as the ‘master practice’ of Christian eating, a ritual that transforms people, builds community, and reminds participants of their own ‘erodibility,’ thus connecting them to the Earth. Jung also considers the political and economic implications of culinary choices ... Reflection questions and suggested activities – which range from watching Babette’s Feast with friends to meeting with a nutritionist – will help readers apply the wisdom in this book. This thoughtful study will be a great resource for individuals and church groups.”

– *Publishers Weekly*