Table of Contents

Preface

1. Setting the Scene

Gender Studies and the Revolution of Knowledge The Realities of Patriarchy Media and Self-Image Implications Pastoral Issues in Counseling with Women

2. Building the Frame

Personality Theory Counseling Theory Conclusion

3. Helping Women Come to Voice

The Centrality of Voice in Feminist Theory and Theology Contexts Related to Women's Loss of Voice A Narrative Approach to Helping Women Come to Voice

4. Coming to Voice in the Context of Intimate Violence

Intimate Violence and the Church Intimate Violence: Definitions and Contexts Helping Women Come to Voice in the Context of Intimate Violence

5. Helping Women Gain Clarity

Gaining Distance from Problematic or Untruthful Narrative Strands Five Rs for Helping Women to Gain Clarity

6. Gaining Clarity in the Context of Depression

Defining Depression
Who Gets Depressed?
Women's Experiences with Depression
Life in a Sexist, Racist, and Classist Culture
Caring for Women Struggling with Depression
Implications for Narrative Counseling

7. Helping Women Make Choices

Risks in Making Choices Models of Choice Making A Feminist Narrative Approach to Helping Women Make Choices Criteria for Making and Evaluating Choices The Personal and Political Nature of Making Choices

8. Making Choices in the Context of Aging

Challenging Ageist and Sexist Stereotypes
The Importance of Studying Women and Aging
Living with and Escaping from the Culture's Sexist and Ageist Messages
Risks and Benefits of Aging for Women
Helping Older Women Make Narrative Choices

9. Conclusion: Helping Women Stay Connected

Helping Women Stay Connected—Women and Relationality The Importance of Community for Women in Pastoral Counseling

Notes

Index