

Table of Contents

Editor's Foreword
Foreword by Michael Durrant
Introduction

Chapter 1 -- Why "Competency-Based" Counseling?
Chapter 2 -- Assuming a Competency-Based Stance
Chapter 3 -- A Map for Competency-Based Counseling

Part I: Getting Oriented
Chapter 4 -- A Map for Competency-Based Counseling

Part II: Getting on the (Short) Road to Change
Chapter 5 -- Two Case Examples of Competency-Based Counseling
Chapter 6 -- Resource Focus: It's Not Just for Counseling Anymore!

A Cautionary Note to Go Slowly
Notes