

# Ideas for using **Kids Celebrate Holy Communion**

- ☞ If young children usually spend most or all of the worship service in the church nursery, consider bringing them to communion so they begin to understand that they are part of the church family gathering around this meal. Children who do not yet commune may receive a blessing.
- ☞ Show children who receive communion how to cup their hands to receive the bread. Teach them to say “Amen” in response to “The body of Christ, given for you. The blood of Christ, shed for you.” Children can say “Amen” even if receiving a blessing.
- ☞ If you pass your church’s baptismal font on the way to or from communion, stop at the font to make the sign of the cross with your child.
- ☞ Explain to children that holy communion is also sometimes called the Lord’s supper or eucharist (YOO-car-ist). Eucharist means “thanksgiving.” Point out that “giving thanks” is one of the things mentioned about communion in the middle pages of this booklet.
- ☞ Use a simple table prayer before meals at home. Try “Come, Lord Jesus, be our guest, and let these gifts to us be blessed” or ask your pastor for ideas. Point out to your child that at worship we say a prayer to thank God for the food of communion, too.
- ☞ Ask children what they see in the different pictures in this booklet. What is happening in each picture?
- ☞ Show children the pictures for holy communion in Evangelical Lutheran Worship on pages 89, 94, and 138. What is the same in each picture?